

# LIST OF OSI CLINICS

List of OSI clinics on VAC - <https://www.veterans.gc.ca/eng/health-support/mental-health-and-wellness/assessment-treatment/osi-clinics>

**NOTE:** The list on VAC is not complete and some locations do not have the correct website information. The following list is taken from VAC but updated.

## British Columbia

- Vancouver OSI clinic - <http://www.bcosi.ca/>
- Victoria OSI satellite service site - Suite 700 - 747 Fort Street, Victoria, BC, V8W 3E9  
Tel: 236-478-0700 - FAX: 250-380-2075 -- Email: [bcosi@vch.ca](mailto:bcosi@vch.ca)

## Alberta

- Calgary OSI clinic - <http://carewest.ca/carewest-osi-clinic/>
- Edmonton OSI clinic – Website under construction  
9499 137 Ave NW, Edmonton, AB T5E 5R8 **Phone:** [\(780\) 342-2792](tel:7803422792)

## Saskatchewan

- Saskatoon OSI satellite service site (part of the Winnipeg OSI clinic)  
[https://www.saskatoonhealthregion.ca/locations\\_services/Services/stress-injury-clinic/Pages/Home.aspx](https://www.saskatoonhealthregion.ca/locations_services/Services/stress-injury-clinic/Pages/Home.aspx)

## Manitoba

- Winnipeg OSI clinic - <https://deerlodge.mb.ca/clinics-at-dlc/osi-clinic/>

## Ontario – Main Sites:

- London OSI clinic - <https://www.sjhc.london.on.ca/areas-of-care/veterans-care/veterans-care-operational-stress-injury-clinic>  
St. Joseph's Health Care London **Phone:** 519 646-6100
- Ottawa OSI clinic - <https://www.theroyal.ca/patient-care-information/clinics-services-programs/operational-stress-injury-clinic>
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OR

[Ottawa Operational Stress Injury Clinic : Ottawa-Carleton, ON : eMentalHealth.ca](http://www.ementalhealth.ca)  
( [www.ementalhealth.ca/index.php?m=record&ID=11731](http://www.ementalhealth.ca/index.php?m=record&ID=11731) )

## Satellite Service Sites:

- Hamilton OSI (no info in line as to phone, location, etc.)
- Toronto satellite service site - <https://www.ementalhealth.ca/Toronto/Operational-Stress-Injury-OSI/index.php?m=article&ID=13254>
- Amprior OSI – **Phone:** Toll Free: 1-877-683-4403 or 613-622-1533
- Kingston OSI <https://www.southeasthealthline.ca/displayservice.aspx?id=185505>

## Quebec

- Montreal (Ste. Anne's) OSI clinic and Residential Treatment clinic  
<https://ciusss-ouestmtl.gouv.qc.ca/en/ste-anne-s-hospital/care-and-services/#c39546>
- Montreal South Shore OSI satellite service site
- Quebec OSI clinic – comes up in French; for English, click on English top right corner of page:  
<https://www.ciusss-capitalnationale.gouv.qc.ca/services/sante-mentale/clinique-tso>
- CIUSSS Saguenay-Lac-Saint-Jean OSI satellite service site  
Phone: 1-418-657-3696 or Toll Free 1-866-657-3696

## Maritimes

- Dartmouth, NS OSI clinic - <https://www.nshealth.ca/locations-details/Nova%20Scotia%20Operational%20Stress%20Injury%20Clinic>
- Fredericton, NB OSI clinic -<https://en.horizonnb.ca/home/facilities-and-services/facilities/fredericton-operational-stress-injury-clinic.aspx>
- Prince Edward Island OSI satellite service site - <https://www.newswire.ca/news-releases/new-operational-stress-injury-satellite-service-site-opens-in-stratford-prince-edward-island-815645047.html>

## OSI Connect – Mobile Application



OSI Connect is a free emotional/mental health learning and self-management mobile app developed to help OSI patients and their families understand the nature of operational stress injuries (OSIs). It provides help through the OSI Clinic Network across Canada. The resources on OSI Connect address challenges including post-traumatic stress and triggers, depression, anger, sleep problems, substance abuse, stress management and more. To download the app to go: <https://www.veterans.gc.ca/eng/resources/stay-connected/mobile-app/osi-connect>

**NOTE:** Some of the sites under 'Find a Clinic' have outdated/incorrect websites, but do have phone #'s that should suffice.